**I Never Said That!**

**Week 1: God will never give you more than you can handle!**

***Leader Guide***

**Lean in…**

1. What do you think when you hear this phrase?
2. Do you have experiences that back up or support this statement?
3. What do you do when you’re given more than you can handle?

Ask for a volunteer to share their story of how they had something that was more than they could handle? Ask them how they got through it. Be sensitive to what is going on, they may still be in the middle of it. This is a great time for your entire group to care for one of its members!

**Look down…**

John 14:27

Matthew 10:28

1. What are the parallel thoughts in this passage?
2. What is Jesus talking about when He says “not as the world gives”?
3. What is the peace the He gives?

**Look out…**

1. When and where have you experienced the peace that Jesus gives?
2. How did that peace help you through the situation?

**Look in…**

Read Matthew 10:28 again

1. Do you see this passage lived out in your life?
2. What memories you can attach this verse to as a reminder of God’s faithfulness?

Encourage your group to go back to this memory during hard times in the future.

**Prayer:** Finish off your group time with a prayer. Someone in your group may have the gift of prayer. Find out this week who that is, and let them lead your group in a time of prayer every week.