**At the Movies | Marley & Me**

**Leader Guide**

**LEAN IN**

**Describe your favorite pet growing up. If you did not have a pet, are you more of a dog person or a cat person?**

Leader Note: Transition: Today we are going to look at a Psalm written by David, which instructs us to wait on the Lord and place faith over worry.

**LOOK DOWN**

Read Psalm 37:1-11.

**List the commands that believers are to follow when waiting on God.**

*Answers:*

* Don’t worry about the wicked
* Trust in the Lord and do good
* Take delight in the Lord
* Commit everything you do to the Lord
* Trust Him
* Be still in the presence of the Lord
* Wait patiently for him to act
* Don’t worry about evil people
* Stop being angry
* Turn from your rage
* Do not lose your temper

**List some of the following promises if we wait on and delight in the Lord.**

*Sample answers:*

* *You will live safely and prosper*
* He will give you your heart’s desires.
* He will help you
* Live in peace and prosperity

**LOOK OUT**

**How do Christians put trust in God into action?**

*Sample Answers*

* Thinking on what is good and true
* Caring for your neighbors
* By giving generously
* Raising kids

**How does the world handle uncertainty?**

*Sample Answers*

* Unhealthy relationships
* Addiction
* Consumption
* Ignoring it

**LOOK IN**

**Read this quote from a commentary on this passage: “**Looking at the seeming prosperity of the wicked is one way we are often distracted.” (Enduring Word)

**Where do you struggle with distraction from your faith?**

**What do you do to lower your stress levels when you are feeling anxious?**

**LIVE IT OUT**

**What does your practice of stillness with God look like?**

* **Have you ever practiced stillness?**
* **How long has it been?**
* **How did your experience go?**
* **What makes you excited or nervous about stillness?**

**Encourage group members to make a plan to add stillness into the next week. Ask your group how it went at your next meeting.**

**PRAY**

Finish off your group time with prayer. Ask that God would show you his peace and strengthen your faith.