



I AM

Week 1: I Am the Light of the World

LEAN IN

- Have you ever been afraid of the dark?
 - Why or why not?

LOOK DOWN

Read Genesis 1:4 and Isaiah 9:2 in any translation you prefer.
Read John 8:12 in The Voice:

I am the light that shines through the cosmos; if you walk with Me, you will thrive in the nourishing light that gives life and will not know darkness. (John 8:12, The Voice)

- How is light described in these verses?

LOOK OUT

- Who in your life needs to see or find the light?

LOOK IN

- When did you first see the light?
- In Matthew 5:14-15, Jesus calls those who follow him the light of the world. How will you be the light this week?
- What darkness in your life do you need to bring into the light?